



SANTHIGRAM SCHOOL OF AYURVEDA



Program Overview



SANTHIGRAM SCHOOL OF AYURVEDA AND MASSAGE

The Benefits of Ayurveda and Panchakarma

Ayurveda is considered part of complementary and alternative medicine. More and more, therapy's is being offered along with standard treatment for a wide range of medical conditions. Studies of the benefits of therapy demonstrate that it is an effective treatment for reducing stress, pain and muscle tension.

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Ayurveda is derived from two Sanskrit words, “Ayur” meaning life and longevity, and “Veda” meaning knowledge or science. This holistic health care practice promotes optimal health and balance of the body, mind and spirit, by enhancing the quality of life and preventing poor health.

Ayurvedic philosophy says that everything in the universe is connected and good health is achieved when a person’s mind, body, and spirit are in agreement with the universe. A disruption of this harmony can lead to poor health and sickness. Learn how you can promote health and wellness and share the gift of Ayurveda with your clients.

Increase your knowledge and take advantage of the opportunity to study ayurvedic therapy and add the unique specialty of Ayurveda to your wellness practice.

Apply for admission to the Santhigram School of Ayurveda today!



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Panchakarma Therapist as a Profession

A career in panchakarma therapist gives you the opportunity to promote health and wellness and help people in a meaningful way with a high degree of personal contact. Over the years, as the number of ayurveda therapists grows, therapy has become increasingly important in the health and wellness industry.

At the Santhigram School of Ayurveda, you will:

- **study panchakarma therapy and Ayurveda principles with experienced and professionally trained instructors**
- **apply your studies in the clinic or other institutions**
- **have the opportunity to be selected for an internship**
- **possibly be considered for permanent employment in a Santhigram Ayurveda Centers**

Santhigram Ayurveda Program

Program Objective

The objectives of the Santhigram Ayurveda and mass therapy program is:

1. Educate students to design and launch a safe, effective individualized practice to enhance wellness and relaxation, reduce pain and other symptoms, facilitate structural and energetic balance, and offer healing on many levels
2. Provide students with a comprehensive knowledge of the fundamentals of anatomy, physiology, and pathology to utilize in establishing safe and effective treatment approaches
3. Facilitate the development of skills to communicate effectively, establish boundaries, and make ethical decisions supported by knowledge of the professional responsibilities essential to the client/therapist relationship
4. Cultivate student awareness of efficient body mechanics, and a commitment to on-going self-care, to help ensure longevity and comfort in practice
5. Prepare students to attend in-house examinations and provision to give course Certificate/Diploma.



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6. Provide students with the skills and motivation to continue learning throughout their lifetimes

The Santhigram School of Ayurveda offers a number of programs. There are full-time and part-time programs, to fit your schedule.

S. No.	Course Name	Requirements	Duration	Fee Structure
1	Diploma In Ayurvedic/ Panchakarma Therapies	12th Pass	1 year	85,000/
2	Certification In Ayurvedic And Panchakarma Therapist	BAMS, MBBS, BHMS, BSMS, BNYS, BPT, B. Sc. Nursing & Paramedics	3 Month	56000/
3	Certification In Ayurvedic Wellness Therapy	10th Pass	3 month	36,000/

Admissions Requirements

Admission Policy

When applying for admission, prospective students will meet with an Admissions Representative and complete an enrollment agreement in advance of the date they have chosen to start classes. This guarantees availability of space in each class. Enrollment agreements are accepted continuously throughout the year.

All enrollment agreements, for admissions, are reviewed by the Campus President/ Director. Based upon entrance criteria, as well as any other circumstances which may be applicable, approval for admission is granted or denied at the discretion of the Campus President/Director.

Please Note: Submitting an application does not guarantee admission in an upcoming term. A student is not considered enrolled until admission requirements have been met and an enrollment agreement is signed by the student and the college admin.

Admission Requirements

- Be at least 18 years of age at the time the practicum or externship portion of the program begins.



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- Have a High School Certificate, BAMS, MBBS, BHMS, BSMS, BNYS, BPT, B. Sc.
- Demonstrate an understanding of, and interest in, the selected program of study through an admissions interview. The applicant must also demonstrate maturity, self-awareness, integrity, good judgment and professionalism.
- Be in good health and physically able to carry out any techniques or procedures that are essential to the selected program of study and career.
- Undergo a criminal background check, if required.

Tuition payment/installment options are available.

For additional information call:

9911-34-9335

OR

Email: info@santhigram.in